

Taste & See
W/C 9th Mar 2025

Our faith in God is not merely theoretical. Of course, through the reading of the Bible we can gain a lot of wisdom and knowledge about God. This gives us the confidence in the robustness of the written word of God.

However, the invitation of the Bible is to experience the goodness of God. Jesus himself said, "Come to be all you who are weary and heavy laden and I will give you rest." We can come battered, beaten, and wearied by the world, into a place of rest in the presence of Jesus.

In the Old Testament, especially in the book of Psalms, we find honest expressions of faith, such as Psalm 54, which testifies to David's experience of God's faithfulness in a challenging time in his life. It contains that great invitation to "taste and see the goodness of God."

Welcome: Share a recent experience where you have encountered the goodness of God.

Worship: Spend some time in worship. Plan an act of worship that is appropriate to your group.

Word: Looking at God's word together:

Read Psalm 34:1-8

1. What are the determined choices that David makes in verses 1-4?
2. How do these decisions help us when we face challenging times in our lives?
3. Think of a time when you sought the Lord in a making difficult decision. In what way did seeking him help?
4. How does one "taste & see" that the Lord is good?
5. Can you share examples of times you have seen God's goodness?
6. How can we get even closer to God and experience Him on a deeper level?

Witness: What makes it difficult to share stories of God's goodness to you with others?

Prayer:

- Pray with expectancy that God will do so much more in our own lives and through his church this coming year.
- Pray for the homes in the immediate vicinity of your own home.
- Pray for the church during Mat's sabbatical. Pray that it will be a fruitful time.
- Pray for those on the mission field.