

Be Still
W/C 30th Mar 2025

Psalm 46 is one of several Psalms not written by David, but by the 'sons of Korah'. Korah was a Levite who rebelled against God, but his sons remained faithful to Him.

The Psalm contains some great words of encouragement as it calls us to marvel at the majesty of God and invites us to put our trust in Him.

G. Campbel Morgan, a great preacher and teacher, says of this Psalm:

To "Comment on this great song of confidence seems almost unnecessary so powerfully has it taken hold on the heart of humanity, and so perfectly does it set forth the experience of trusting souls in all ages and tumultuous times."

Welcome: Do you have a favourite Psalm that helps you when you are in need of encouragement?

Worship: Spend some time in worship. Plan an act of worship that is appropriate to your group.

Word: Looking at God's word together:

Read Psalm 46

1. Read verse 1 several times slowly.
 - What overriding sense do you get from these words.
2. Verses 2 and 3 give us a sense of fear and turmoil. When faced with fears what choices ...
 - Can we make?
 - Do we make?
3. Verse 4-5 give us a picture of God's peace. How do we avail ourselves of such peace?
4. What difference does it make to our lives knowing that God is our fortress?
5. Verse 10 calls us to "Be still are know that I am God."
 - Why do we dislike wasting or even worse killing time?

- What steps can we take to actively slow down?
- What are the dangers to discipleship of living life too fast?
- Slowing might mean having to say no to things or feel like we are letting people down. How can we combat the feelings of guilt for not living life as fast or as productively as possible?

Witness: What makes it difficult to share stories of God's goodness to you with others?

Prayer:

- Pray with expectancy that God will do so much more in our own lives and through his church this coming year.
- Pray for the homes in the immediate vicinity of your own home.
- Pray for the church during Mat's sabbatical. Pray that it will be a fruitful time.
- Pray for the Easter Services and especially for those being baptised on Easter Sunday.