

Father's House - Imaginative Prayer Exercise

Open your heart, allow Holy Spirit to use your imagination as He takes you on a journey to the Father's House.

Imagine yourself standing at a huge gate. You announce yourself to the gatekeeper and he lets you in. You tell him you are here to see the Father. The gatekeeper tells you you are expected and to follow the path.

Do you remain at the gate, maybe afraid to continue? Or are you able to walk on?

The path leads through a row of trees. What does the path look like for you? Maybe there are birds singing all around and along the side of the path there are all sorts of colourful flowers. Or maybe the path is quite bland. What's the weather like? Is it warm, cold, overcast?

The path is quite long but you can see a house in the distance. What does the house look like to you? Is it a mansion, a cottage or maybe a wooden shack? You walk slowly towards it. You stop at the end of the path to view the house. You know the Father is inside. How do you feel at this stage?

You notice the front door is open. Do you walk towards it?

You stop just outside slightly hesitant to enter. But, you then hear a voice saying "welcome" and you step inside. You can't see anyone but walk into a room where the voice seemed to come from.

The room is long and narrow, like a hotel corridor. At the far end are two large doors and you start walking towards them. As you get nearer to the doors, how do you begin to feel? You now know the Father is through the doors, you can't see Him, but you just know it.

You finally approach the doors and knock. "Come in my child".

You open the doors. Do you walk in or do you stay outside? What does the room look like?

The Father is in the room. What is He doing? Is He sitting in a chair or standing up? What is His expression like? How are you feeling right now in the picture?

Finally, take a moment and see what happens?

Source unknown